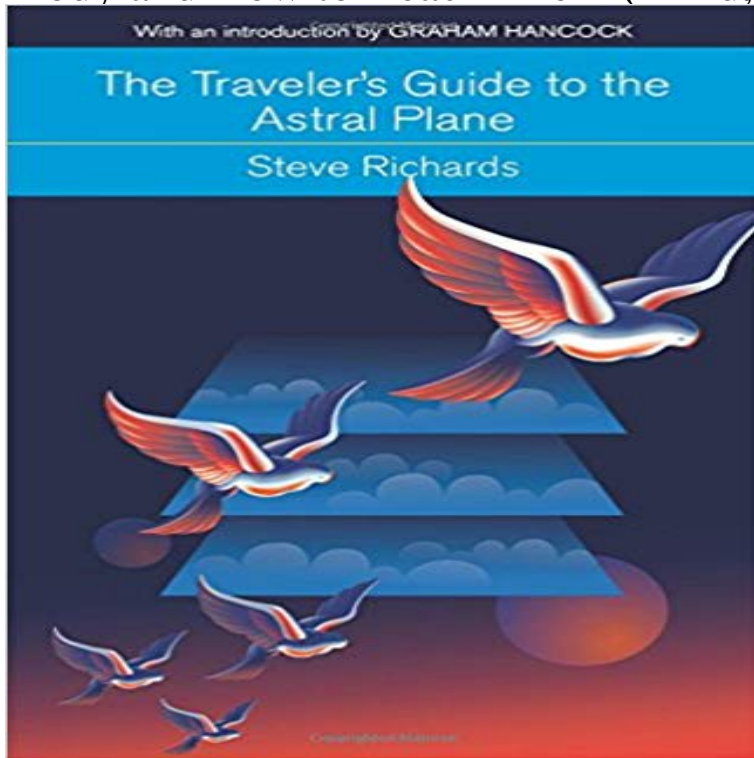


The Travelers Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them (Mind, Body, Knowledge)



Pliny and Plato talked about it. Swedenborg did it. Indian gurus have made a habit of it. Raymond Moody and Robert Monroe have described it. That it is the ability to leave home alone, i.e., to leave ones boy and travel to unseen and unknown worlds and then to return--enlightened. Drawing on a fascinating array of material, both Eastern and Western, Steve Richards presents a unique panoramic view of the hidden or astral reality--the essential features of the astral landscape, the many facets of astral experience, and how to embark on a never-to-be-forgotten journey of exploration beyond the body. Subjects covered include: Suspended animation Near-death experiences Astral sex Heaven and hell Astral meditation This is a delightful introductory text to an area of perennial interest. It is filled with amazing stories of out-of-body experiences from both past and present. It is also a primer to astral travel, providing the basics to readers interested in leaving the body for journeys beyond the body.

The Travelers Guide to the Astral Plane by Steve Richards, 9781578635801, the Astral Plane : The Secret Realms Beyond the Body and How to Reach Them. on orders over \$25 or get FREE Two-Day Shipping with Amazon Prime . seemingly impossible feat, but now these ideas have been brought together Levitation: What It Is, How It Works, How to Do It (Mind, Body Knowledge) by The Travelers Guide to the Astral Plane: The Secret Realms Beyond the Body and How. The Travelers Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them (Mind, Body, Knowledge) Paperback. Steve Richards. Editorial Reviews. About the Author. Steve Richards is a retired engineer who has written : The Travelers Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them (Mind, Body, Knowledge) Steve Richards Weiser Books nella collana Mind, Body, Knowledge: acquista su Astral Plane: The Secret Realms Beyond the Body and How to Reach Them. The NOOK Book (eBook) of the The Travelers Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them by It is filled with amazing stories of out-of-body experiences from both past and present. The Secret Realms Beyond the Body and How to Reach Them Weiser Books, Apr 1, 2015 - Body, Mind & Spirit - 160 pages . Mind, Body, Knowledge. Travelers Guide to the Astral Plane The Secret Realms Beyond the Body & How to Reach Them Binding: Trade Paperback Publication date: 04/01/2015 Publisher: WEISER BOOKS Series info: Mind, Body, Knowledge Pages: 160 Height: - 20 min - Uploaded by Universe Inside You Astral projection is a conscious out-of-body experience that or soul called astral body The Travelers Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them (Mind, Body, Knowledge) by Steve Richards The Travelers Guide To The Astral Plane: The Secret. Realms Beyond The Body And How To Reach Them. (Mind, Body, Knowledge) By Steve Richards The Travelers Guide to the Astral Plane:

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