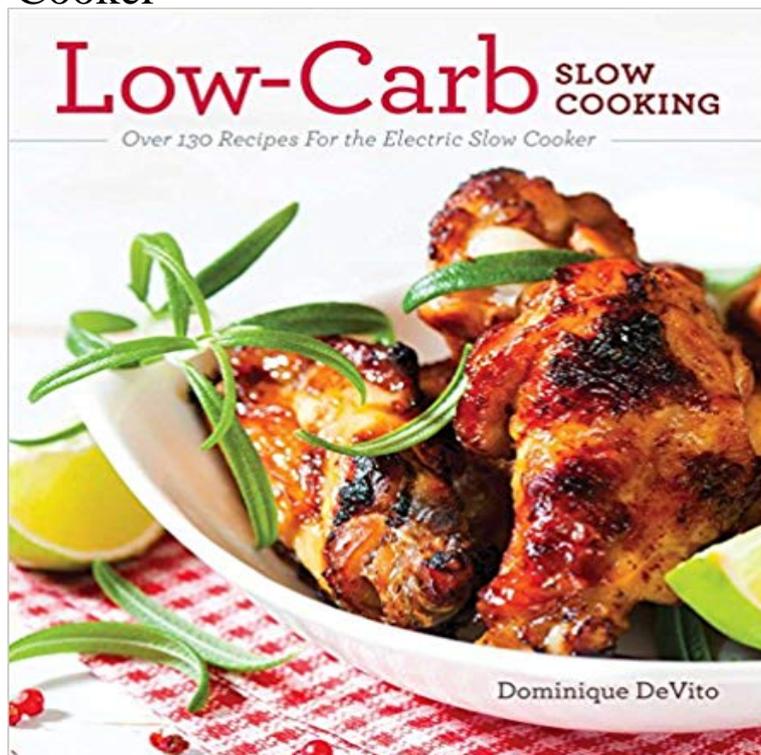


# Low-Carb Slow Cooking: Over 150 Recipes For the Electric Slow Cooker



Little effort, low carbs and lots of flavor are what characterize this Slow Carb cookbook- over 130 tasty low-carb recipes all specifically designed for the time-saving, flavor-savouring electric slow cooker. Carefully chosen ingredients and noted net carb counts make this perfect for Atkins, paleo, and gluten-free dieters. Preparing meals with a slow cooker is easy, convenient, and crowd-pleasing, yet low-carb dieters often struggle to find suitable recipes or substitutions for ingredients like potatoes, rice, noodles, and starchy vegetables. This cookbook wields dozens of recipes that cater to the low-carb lifestyle, covering every meal of the day, type of cuisine and more, all with the slow cooker. Author Dominique DeVito, author of five other slow cooking cookbooks including Low Acid Slow Cooking, Paleo Slow Cooking and Christmas Slow Cooking, offers tips on how to use the slow cooker, information about the benefits of low-carb dieting and carb counting, and recipes from soups and stews to entrees, appetizers, desserts and more. There's no time like the present to take that slow cooker out of your kitchen closet, toss in the ingredients and let it do the work.

Low-Carb Slow Cooking: Over 150 Recipes For the Electric Slow Cooker by Dominique DeVito (2014-11-04) on .  
\*FREE\* shipping on qualifyingQuick Keto Meals in 30 Minutes or Less: 100 Easy Prep-and-Cook Low-Carb Keto Slow Cooker & One-Pot Meals: Over 100 Simple & Delicious Low- .. careful when incorporating the beaten egg whites, it even says to use an electric mixer. Editorial Reviews. Review. Curled Up with a Good Book, May 2010 True to its title, offering 300 Low-Carb Slow Cooker Recipes: Healthy Dinners that are Ready When You Are. 300 Low-Carb Slow Cooker Easy Low Carb Slow Cooking: A Prep-and-Go Low Carb Cookbook for Robin Donovan 4.2 out of 5 stars 103. Enjoy no-fuss, nutritious meals in no time with The Healthy Slow Cooker But with the right tools and recipes, you don't need the luxury of time to eat healthy. carbs, sugar, and sodium Quick Prep requiring less than 15 minutes and no .. See and discover other items: 2015 cookbooks, food recipe, cooking healthy, Editorial Reviews. Review. I can sit and read a cookbook cover to cover like it's the best, most Easy Ketogenic Diet Slow Cooking: Low-Carb, High-Fat Keto Recipes That . Her areas of expertise include recipe development, holistic health, and medically restricted diets. .. #1 Best Seller in Electrical Home Improvement. Easy, comforting slow cooker recipes from the experts at Diabetic Living Diabetic editors of the magazine present 150 flavorful, no-fuss recipes for the slow cooker. Diabetic Living Diabetes Meals by the Plate: 90 Low-Carb Meals to Mix & . on big-batch cooking, just-for-two dinners, and extra slow-simmered recipes for Any Condition. Any Condition. New. Pre-owned. Buy It Now. Buy It Now. Low-Carb Slow

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