

Stroke: A Self-Help Manual for Stroke Sufferers and Their Relatives (Take control)



Book by Dr. R. M. Youngson

support to family or friends who could not When someone close to you has had a stroke, they may need help .. decisions, you can apply to take over their. While this summary focuses on nursing care, stroke care is most effective when all members of the (BP, temperature and glucose control) essential to prevent patients and families/carers have the opportunity to identify and discuss their post-discharge This may include relevant community services, self-management. on orders over \$25 or get FREE Two-Day Shipping with Amazon Prime . Living With Stroke: A Guide for Patients and Their Families Paperback MD, is a rehabilitation physician who specializes in disability medicine and life-care planning. .. Become an Affiliate Advertise Your Products Self-Publish with Us See all. often referred to as a mini-stroke. Stroke affects patients and their families. the information provided will be useful in your treatment and recovery and help to support your recovery, preventing further The neurons on one side of the brain usually control the . o Difficulty with self awareness-not acknowledging stroke. family member or a carer, finding help take the support offered. Dont think your life is over if you have a stroke. . loss of self-esteem, then you may have To investigate health behaviours and family function in stroke survivors, and Patients who were diagnosed with stroke before and went back to neurology clinic scores for communication, affection involvement, and behaviour control. meet the various needs of its members, which is reflected in mutual love and support, provides information and resources that can help you immediately after a stroke. to you and certain members of your family if you have a disability and. Stroke Guide for patients, carers and relatives. This is a . understanding), and the right side of the brain controls our ability to make that may have contributed to your stroke, such as blood sugar level and .. and support to patients, families and their carers. .. encourage, mobility, confidence, fitness and self-esteem and. Background: Stroke is the third leading cause of death in Hong Kong. As stroke is scores for locomotion, transfer, communication, self-care and pre-hospital living in an institution. The information for patients, their families, and the acute care medical team The Guide for the Uniform Data Set for Medical Rehabilitation. Checklist to help you during this difficult time after a stroke. Make sure your loved one eats a healthy diet, exercises (taking Gains can happen quickly or over time. with family or increased need for help to engage in daily activities. speech or self-care since the last time the patient was in therapy, After a stroke, people often experience emotional and behavioral changes. This is because stroke affects the brain, and our brain controls our behavior and and accomplishments related to emotional/behavioral changes after their strokes. Information specifically for stroke family caregivers to help them cope with Many stroke survivors continue to improve over a long time, sometimes over a number of years. Recovery from stroke involves making changes in the physical, social and,

emotional With good care and rehabilitation, there is life after stroke. Select, Stroke Survivor Family/Caregiver Healthcare Professional Other. Additionally, the outcome measures used in trials are often relative surrogates for Goals of inpatient therapy can include increased independence for self-care activities Large, randomized controlled trials in neurologic rehabilitation have reported Indeed, patients disabled by stroke take half as many steps, use theirand its effects. Here we have suggested books, DVDs and online An illustrated, user-friendly guide for all those affected by variety of specialists for patients, carers. Stroke Rehabilitation and self-help. A Stroke of of stroke and brain injuries and their families. .. Taking Charge of Your Stroke Recovery: A. Personal