

This unique, clinical reference features comprehensive and detailed profiles of 50 key herbs used in Ayurvedic medicine. Coverage of each herb includes a discussion of its historical context, habitat, botanical description, major chemical constituents, medical usage, safety profile, dosage, regulatory status, and Ayurvedic properties. It also features full-color photos of each plant, describes which part of the plant is used, and illustrates the dried herbal preparation. Each herb's ethnobotanical usage and ethnoveterinary usage are also presented for a clear understanding of how the herb is used in various contexts. Complete information on the unique uses of Ayurvedic herbs is provided, including new information on certain herbs not covered in any other resource. Descriptions of the ethnobotanical and medicinal uses of herbs present a traditional and historical context for their uses. In-depth coverage of chemical constituents is provided. The specific Ayurvedic properties of herbs are described, as well as how they are used by Ayurvedic practitioners, shedding light on an approach that is increasing in popularity. Full-color illustrations of each herb offer cues for visual recognition of the plant. Safety considerations enable readers to apply theoretical knowledge to clinical practice, including toxicity data on certain herbs. Primary sources are well-referenced throughout the book, highlighting original, authentic research and scientific findings.

Poltergeists (The Library of Ghosts & Hauntings), Gene Therapy for Renal Diseases and Transplantation (Contributions to Nephrology, Vol. 159), The Real History Behind Foyles War: The True Stories That Inspired the Series, Agatha Christie: Murder in Four Acts, Endometriosis: A Comprehensive Update (SpringerBriefs in Reproductive Biology), CAVALLERIA RUSTICANA - LIBRETTO (G. Schirmers Collection of Opera Librettos),

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