

Neutralize Your Body Subliminal Affirmations: Alkaline Diet & Eating Green, Solfeggio Tones, Binaural Beats, Self Help Meditation Hypnosis



Learn how to soothe your stomach naturally. Be motivated to eat healthy, alkalizing foods. Feel less bloated and weighed down. You can start neutralizing your body and live a healthy, comfortable life. This subliminal hypnosis program works for you on three different levels - positive affirmations will be spoken during your deepest state of open relaxation, low binaural beats that are almost imperceptible to the human ear work with your subconscious mind to anchor the positive affirmations to help you neutralize your body, and ancient Solfeggio tones encourage healing and wholeness with powerful harmonic frequencies. Along with seven different soothing sounds of nature, these three elements combined together are the triad of positive change that will propel you toward a better future. Neutralize Your Body Affirmations in this program are: I am neutralizing my stomach naturally My body is being soothed I eat alkalizing foods I will eat vegetables every day My body is naturally healthy I can neutralize my body I will pay attention to what I eat Alkalizing foods become more appealing to me I am in control of my body I am relaxed Instructions: There are no relaxation suggestions in this subliminal hypnosis program, so you can listen at any time of the day or night. You may listen to the entire program as a whole or select only specific nature sounds that you enjoy most - the positive affirmations will still be effective for change.

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