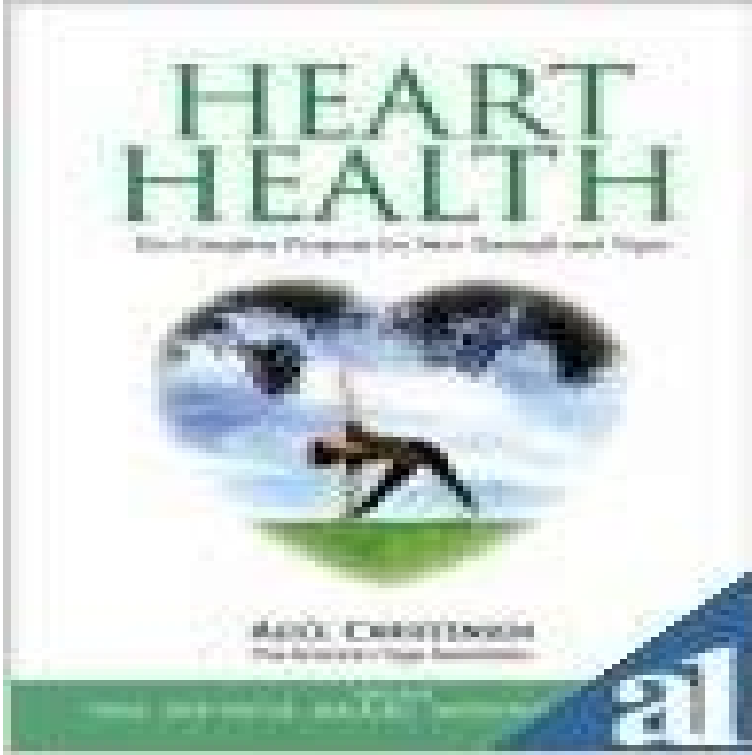


# Heart Health: An American Yoga Association Wellness Guide



. 2001, 257pp

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