

What families and friends need to know about addiction and recovery. Insights you wont find in any other book on addiction and recovery! New! Revised/2010 updated Edition (contains valuable new insights, resource info and first-person accounts from parents who have struggled and won!) Real-life solutions to help you now! Watching a loved one immersed in an intense battle with alcohol and drug abuse may be the most difficult, complex and harrowing experience you ll ever have. This book offers a message of hope to families and friends, giving practical solutions so they can help anyone struggling with addiction to begin the road to recovery. You will learn: Why a person doesnt have to hit rock-bottom before getting help. (page 111) When helping is actually hurting. (page 57) Why quitting is not the same as recovering. (page 5) How to deal with a relapse. (page 187) How to receive 50 percent or more off the cost of treatment. (page 97) Why a parent would leave their child due to their addiction. (page 245) Why effective intervention doesnt have to be a surprise attack. (page 49) Answers to over 30 common, and not so common questions. Inspiring first-hand recovery stories from real people! Many of you reading this book are facing the battle of your life. Alcohol and drugs consumed my daughters life. I cant put into words the anguish of attending my daughters funeral. I wish I would have had this book long ago. Maybe Mia would still be here. I didnt know how to help her. Why Dont They Just Quit? is full of answers I could have used.--Pam M. (Mias Mom), Niwot, Colorado This book is a must read not only for families of addicts and alcoholics looking for answers, but for anyone who has been intrigued by irrational compulsions and wondered how recovery takes place. I consider Why Dont They Just Quit? to be one of the top five recovery books for families and I anticipate it being widely used by treatment programs throughout the country.--Nicholas Taylor, Ph.D., Licensed Clinical Psychologist, National Expert on the Treatment of Methamphetamine Addiction Joes book helps us to understand the addiction and recovery process. He combines a lifetime of personal and professional experience dealing with this issue in a practical and highly personal overview. The book is excellent. I wish I had read it a year ago.--Sheriff Joe Pelle, Boulder County, Colorado As a recovering person myself, I found this book to be full of facts that will be useful in sharing with visitors having questions at our weekly meetings. I especially appreciate that Joe included the spiritual part of recovery, which may keep some in recovery focused on helping others. Most importantly, the underlying message that I read was anyone can recover, bringing hope to those seeking direction.--Vicki Beatty, Celebrate Recovery Leader/Covenant Chapel, Leawood, Kansas This book will be valued by many, many people. A very meaningful gift of Gods grace to families who need sanity in the middle of their runaway insanity.--Mike Richards Jr., Director of Recovery Ministries/International Bible Society, Houston, Texas This is a thoughtful and caring book written for the everyday person with an addicted loved one. It is very helpful when you are alone and desperately hoping your loved one is safe because he isnt home and you know he is out using again.--Karon W. (Concord, North Carolina) The book is proving to be of great solace. I read all of my Al-Anon books, and attend meetings, and I have a wonderful church family, but this book presents some new thoughts to me. Your book is wonderful! It is as if you have been here in my home, observing.--Rosemary L. (Anderson, Indiana) This book is gritty, honest, and full of practical tips, resources, and an Alcohol and Drug Addiction Self Test. I loved the myriad quotes sprinkled throughout from such diverse individuals as Mother Theresa, Winston Churchill, Mark Twain, Abraham Lincoln, and Herzanek s own family memb

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