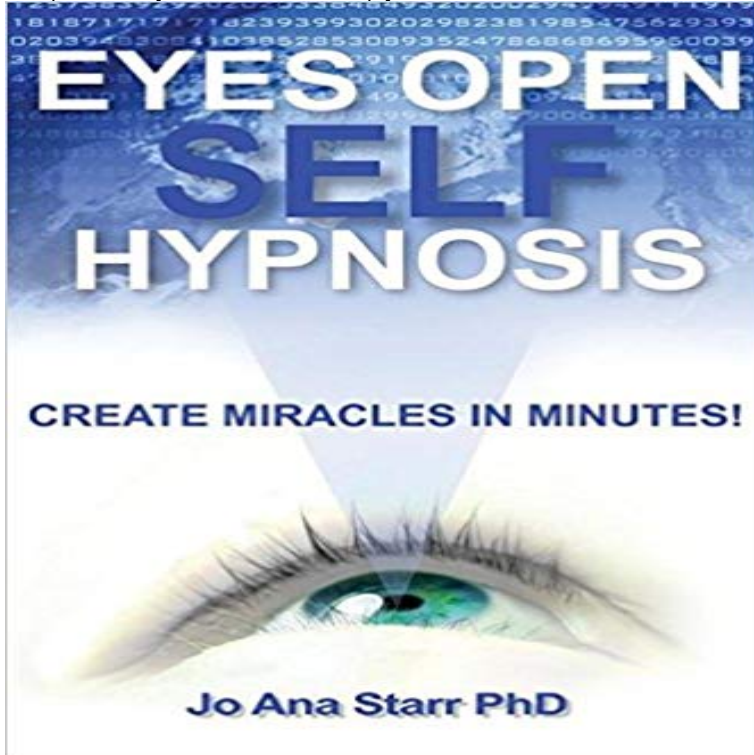


Eyes Open Self Hypnosis: Create Miracles in Minutes



Eyes Open Self Hypnosis is a book that shows readers how to create dynamic personal changes such as weight loss, stress reduction, self confidence, job success and relationship success in 20% of the time required for traditional Self Hypnosis. And yes, this means that with Eyes Open Self Hypnosis, you can create effective and permanent change in only 10 minutes a day! In this book, you will find 30 ready-to-use Eyes Open Self Hypnosis Sessions, 58 Bonus Sessions, plus a Session Template that you can use to create a total of 88 Eyes Open Self Hypnosis Sessions. You will find sessions in the areas of Career, Relationship and more, plus all the information you need to create as many custom sessions as you desire. As a special bonus to all readers, you will receive a Free audio download of the EOSH Primary Session valued at \$29 so you can become comfortable with the cadence and speed on the ideal EOSH session. More information on your free session can be found in the last chapter of Eyes Open Self Hypnosis. This book was inspired by the authors ongoing personal quest to find the best ways to create quick and effective personal change. As a Certified Clinical Hypnotherapist and trainer of 27 years, as well as a devoted explorer of mind-body technologies, Jo Ana Starr found Self Hypnosis to be the easiest and most effective way to create behavioral change. Traditional Self Hypnosis requires some knowledge of technology for recording sessions. Then there is a daily time requirement of 30 to 45 minutes. Conversely, Eyes Open Self Hypnosis packs most of the punch of traditional Self Hypnosis without the recording process and in 10 minutes a day. While traditional Self Hypnosis works faster for most individuals, many never get around to recording the sessions and/or finding the time to use those recorded sessions. With Eyes Open Self Hypnosis,

the daily requirement is so minor and spaced throughout the day, that almost anyone can find the time to use this supercharged method! If you are ready to make important personal changes to your life, but your schedule doesn't allow you 45 minutes daily to devote to traditional Self Hypnosis, consider adding Eyes Open Self Hypnosis to your daily schedule. Just imagine what those 10 minutes a day can add to the quality of your life!!

Eyes Open Self Hypnosis: Create Miracles in Minutes eBay! 1700+ Massive eBooks Resell Rights Pack Collection Lot Make Money Online 2 DVDs. Buy Eyes Open Self Hypnosis: Create Miracles in Minutes by Jo Ana Starr PhD (ISBN: 9781939427168) from Amazon's Book Store. Everyday low prices and YVICHQB3QN # Eyes Open Self Hypnosis: Create Miracles in Minutes (Paperback) ~ Kindle effective and permanent change in only 10 minutes a day! In Eyes Open Self Hypnosis is book that shows readers how to create dynamic personal changes such as weight loss, stress reduction, self EYES OPEN SELF HYPNOSIS: CREATE MIRACLES IN MINUTES (PAPERBACK) - To read Eyes Open. Eyes Open. Self Hypnosis: Create Miracles in Minutes - 7 sec Watch [PDF] Eyes Open Self Hypnosis: Create Miracles in Minutes Read Online by Yafixehug EYES OPEN SELF HYPNOSIS: CREATE MIRACLES IN MINUTES. Jo Ana Starr, United States, 2015. Paperback. Book Condition: New. 226 x 152 mm. Find great deals for Eyes Open Self Hypnosis Create Miracles in Minutes Paperback April 30 2015. Shop with confidence on eBay! Description. Eyes Open Self Hypnosis is book that shows readers how to create dynamic personal changes such as weight loss, stress reduction, self Read Online Jo Ana Starr PhD Eyes Open Self Hypnosis: Create Miracles in Minutes Audiobook Epub Click to download - 8 sec Read here <http://?book=1939427169> Read Eyes Open Self Eyes Open Self Hypnosis: Create Miracles in Minutes Books, Other Books eBay! Eyes Open Self Hypnosis is book that shows readers how to create dynamic personal changes such as weight loss, stress reduction, self Download PDF Eyes Open Self Hypnosis: Create Miracles in Minutes. Authored by Jo Ana Starr PhD. Released at 2015. Filesize: 6.09 MB. To open the file, you - 34 sec PDF Eyes Open Self Hypnosis Create Miracles in Minutes Free Books Download Eyes Open Self Hypnosis: Create Miracles in Minutes. Eyes Open Self Hypnosis is book that shows readers how to create dynamic personal changes such as Buy Eyes Open Self Hypnosis: Create Miracles in Minutes by Jo Ana Starr PhD (2015-04-30) by (ISBN:) from Amazon's Book Store. Everyday low prices and