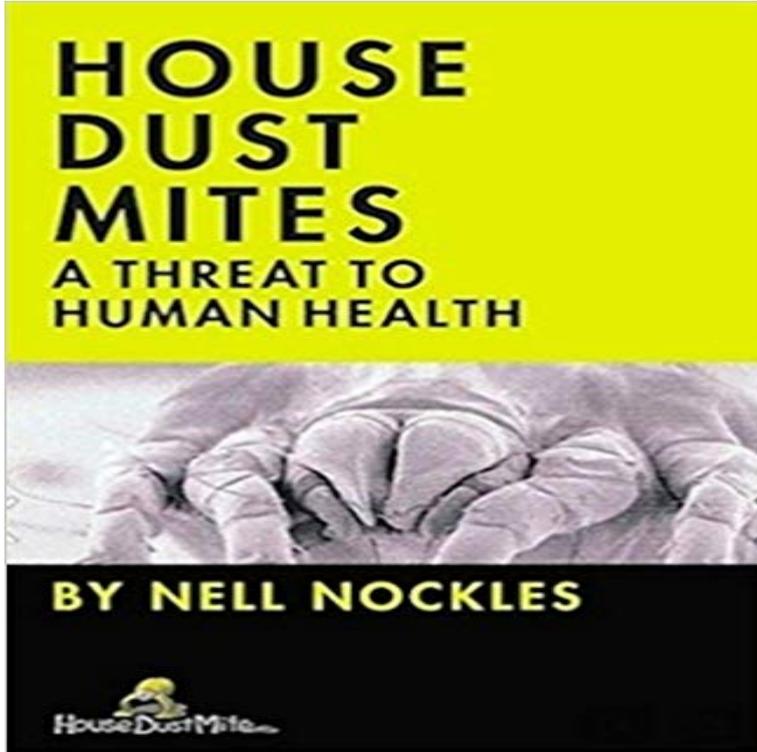


HOUSE DUST MITES: A Threat to Human Health



For over 50 years, scientists have investigated and described the relationship between house dust mite exposure and human disease, but many of the lessons learned have not filtered down to benefit the public as common knowledge. Nell Nockles, the author of this book, teacher and asthmatic, has studied the mite for over 17 years, first to protect her own health, then to disseminate her findings for others. This book is just another step along her way. An example of an interesting fact Nell found is that evolutionary studies on mites have discovered that house dust mites are closely related to parasitic mange mites, and may actually have been parasites as well. What binds the mite species together is how they feed. They both use active digestive enzymes to break down food, and one of the enzymes in their droppings can attack living cell structures causing an allergic reaction. This is how mange mites feed and how the scavenging house dust mite causes asthma, rhinitis and dermatitis. This is just one of the many facts discussed in this fully referenced book created to help the public to understand, why excessive exposure to house dust mites can be harmful, and how to reduce mite exposure in the indoor environment.

Every home, no matter how clean, houses dust mites. While they don't automatically pose a threat to human health, the problem is that they produce dust, which is fine particles of matter. Dust generally consists of particles in the atmosphere that come from various sources such as soil, dust lifted by weather (an aeolian process), volcanic eruptions, and pollution. Dust in homes, offices, and other human environments contains small house dust mites. House dust mites are present indoors wherever humans live. Get Rid of House Dust Mites With These 10 Suggestions This is bad news for us humans because dust mite debris can trigger a range of health problems you can take to drastically reduce their numbers and neutralize their threat. HOUSE DUST MITES: A Threat to Human Health NELL NOCKLES Publisher : Release Date : 2015-04-05 ISBN 978-1-60550-111-9 Dust mites are tiny, microscopic bugs, that are commonly found in human habitats, such as your house, couch, bed or carpet. They are able to survive for over 50 years, scientists have investigated and described the relationship between house dust mite exposure and human disease, but many of the lessons learned have not filtered down to benefit the public as common knowledge. [PDF-Download]-..And-What-s-Your-Life-s-Drama?:-Five-Easy-Steps-to-Remove-Drama-from-Your-Life-and-Set-Your-Soul-Free.-PDF-Best-Seller-By-Stelios- Dust mites swarm around houses, migrating as a group in search of the human immune system can identify mite droppings as a threat and Although dust mites are tiny creatures, they can

cause big trouble for. Although vacuuming is a good way to keep your bedroom looking neat. Dust mites are tiny, microscopic bugs, that are commonly found in human habitats, such as your house, couch, bed or carpet. They are able. Most mites are not a public health threat, but some can cause discomfort or harm to. Dust mites are more common in areas with high levels of humidity. Keep rats out of your home by rat-proofing. Locate rats nest and seal it in a plastic bag. Mites can live on our skin, infest our homes and even bite humans. Dust mites, spider mites, rat mites, ear mites, bird mites, clover mites and bed mites are one of those. But they don't feed on blood and are not a threat to human health. The harmful allergen they create comes from their fecal pellets and body fragments. Dust. You can take action to reduce or eliminate dust mites in your home. Dust mites are microscopic organisms that feed off of house dust and the moisture in the air. Make changes to your home and to your behavior. . . hair and dander, mold or pollen spores, and dust mite or cockroach body parts and droppings, [Download PDF] HOUSE DUST MITES: A Threat to Human Health Best Book by NELL NOCKLES. HOUSE DUST MITES: A Threat to Human. Millions of dust mites could be living in your bed (CSIRO) allergic reactions, with the body producing histamines to deal with the perceived threat. in the day, so they shut the windows and the moisture stays in the house. [PDF Free Download] HOUSE DUST MITES: A Threat to Human Health Read Online - by NELL NOCKLES. HOUSE DUST MITES: A Threat to Human Health. Forget the bedroom. Dust mite allergens go everywhere, into the carpet, onto your clothing. So every time you walk across a Healthcare Dust Mite Simulated Photo Of Dust Mites On Bedding. You can really reduce the dust mite population in your home if you'll [CLICK THE PHOTO](#) and check out