

# The Easy Way to Stop Gambling



Allen Carrs Easy Way has helped over 14 million people to date and counting! His revolutionary approach to the problem of addiction allows addicts to take back control of their lives. Here in this brand new audiobook the renowned Easy Way method is applied to the subject of gambling. Most gamblers are convinced that its almost impossible to stop gambling and free themselves from debt; they also feel unable to solve the widespread problems gambling causes. The wonderful news is that this audiobook shows you how to stop immediately, painlessly and permanently. Ideal for listening to in the car or whilst traveling, this audiobook understands gamblers and how they think and, without being judgemental or patronising, takes them step-by-step through the process of how to free themselves of the gambling addiction. It demonstrates how gamblers fall into the trap of gambling, the psychology behind being addicted to risk and how to quit gambling once and for all.

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