

Childhood Eczema

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by
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The authors daughter suffered from a chronic form of childhood eczema from the age of eighteen months. This extended article relates how the condition was treated and eventually cured leading to a healthy child by the age of five. Childhood eczema in its early stages can be recognized by red patches in the folds of skin behind arms and legs and easily confused with nappy rash. The condition makes the child scratch the affected area causing the infection to spread. Constant itching makes the child uncomfortable, miserable and in extreme cases very distressed. The condition is usually treated with a course of anti-bacterial creams and emollients to soften the skin. Eczema can continue into adulthood and lead to other symptoms such as hay fever and asthma. The author explains how he ignored the conventional advice of GPs and other health professionals and brought in a more natural course of treatment. It is his belief that childhood eczema is caused by the slow development of the child's immune system. By avoiding certain foods and materials that are known to cause skin irritation and hyperactivity the immune system is allowed to develop properly and eventually tolerate a full range of foods as in any other normal child. There are sections on diet, clothing, environment and medication. The author does not claim to be an expert but this is a true account of how parents can relieve much of the stress that eczema can cause and allow their child to live a normal life. This is aimed at children but there is a lot of information here that might also be of use to adults who also suffer from skin complaints such as eczema or psoriasis.

skin~American Academy of Pediatrics (AAP) details information on eczema identification and treatment. Could diet be to blame for your child's eczema? It's possible. Up to 1 in 3 kids with eczema has a food allergy that could make symptoms worse. When a child has eczema, the child's skin is extremely sensitive. The more sensitive the skin, the more

susceptible it is to triggers. While finding triggers is The skin of a child with eczema is generally dry. The eczema can occur anywhere, but there are particular patterns that are more common atEczema is a common skin condition that usually begins before your child is one year old. The affected skin is dry, red and itchy. Sometimes these areas of skinNIHR research has explored a range of treatments for childhood eczema. This Highlight presents the findings, with blogs from parents and professionals.Childhood atopic eczema. BMJ 2002 324 doi: <https://doi.org/10.1136/bmj.324.7350.1376> (Published) Cite this as: BMJ 2002324:1376.Eczema in babies is common. Find out how to ease your childs eczema and when to see a doctor for further help.Eczema (also known as atopic eczema or atopic dermatitis (AD)) is the commonest chronic inflammatory disease of early childhood in the developed world, andYou can help prevent or treat eczema by keeping your childs skin from becoming dry or itchy and avoiding known triggers I had eczema as a child. Do you think that I have it again? What can I do for the intense itching and dry patches on my arms and back?Although eczema often begins during childhood, the new study found that kids with eczema will likely experience flare-ups into their 20s.