

About Face: A Plastic Surgeons 4-Step Nonsurgical Program for Younger, Beautiful Skin



Get ready for the ultimate facial makeover, no matter your age or ethnicity and without surgery. If there is something about your complexion you would like to change from dryness to laugh lines to crows-feet Dr. Gregory Brown offers an easy-to-follow program that will completely revitalize your face. As a plastic surgeon, Dr. Brown made a discovery that completely revolutionized skin care: He innovated the application of a human protein that actually makes skin heal faster and greatly improves its overall appearance. Now Dr. Brown has applied his expertise and landmark research to create a scientifically sound regimen that will dramatically enhance the condition of your skin and make you look years younger. About Face details the four simple steps to real skin rejuvenation: Eat right and see results with Dr. Brown's 7-Day Diet for Glowing Skin. Exercise, using movements that condition your skin from the inside out. Apply topical creams avoiding the ones that only make promises. Enjoy the benefits of medical procedures without invasive measures. This program can be easily customized to fit your age and takes into account the changing seasons. Dr. Brown also clearly delineates the facts and fallacies of skin care, shares helpful tips on what to do to see improvements now, and gives you an exclusive preview of products you can look forward to using in the coming years as technology advances even further. If the condition of your skin is leading you to consider cosmetic procedures, take an about-face and reevaluate your options! Dr. Brown believes that the true source of beauty is not lifts, nips, or tucks. It is the newly discovered ability of your skin to regain the vitality of youth.

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