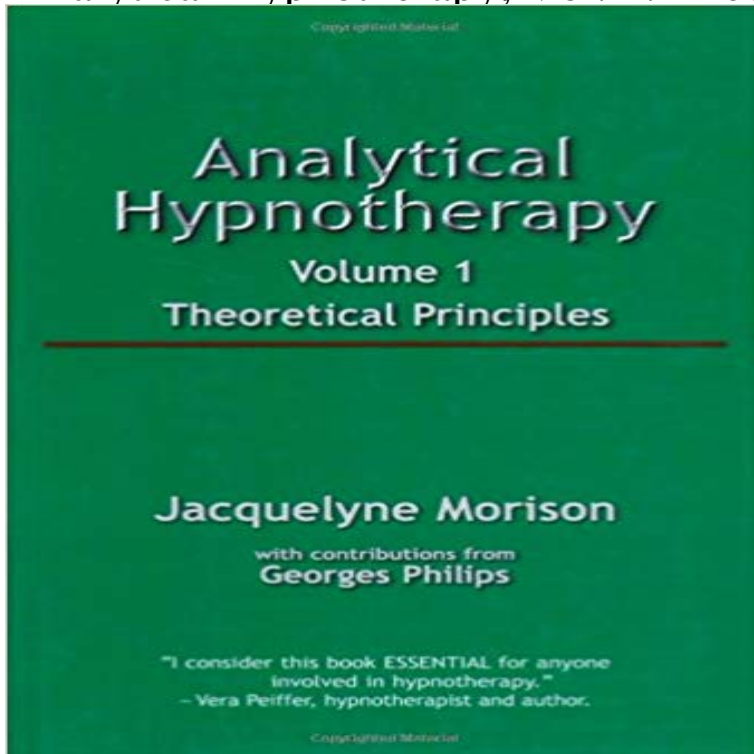


# Analytical Hypnotherapy, Vol. 1: Theoretical Principles



This volume effectively identifies the clients innermost conflicts with the goal of resolving them and releasing the clients full potential. It provides a unique investigation into the way that the analytical approach has influenced a range of current therapeutic philosophies, presenting the ultimate means of treating even the most challenging therapeutic disorders. It examines aspects of humanistic thinking and cognitive strategies which concentrate on activating the clients inner resources and unconscious mind. It offers practical guidance on the application of effective therapeutic investigation using hypnosis as well as presenting numerous case studies that cover: transference and counter-transference; defensive strategies; dreams and symbolic imagery; and therapeutic investigation. This book is a comprehensive guide to the theoretical principles of analytical hypnotherapy.

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