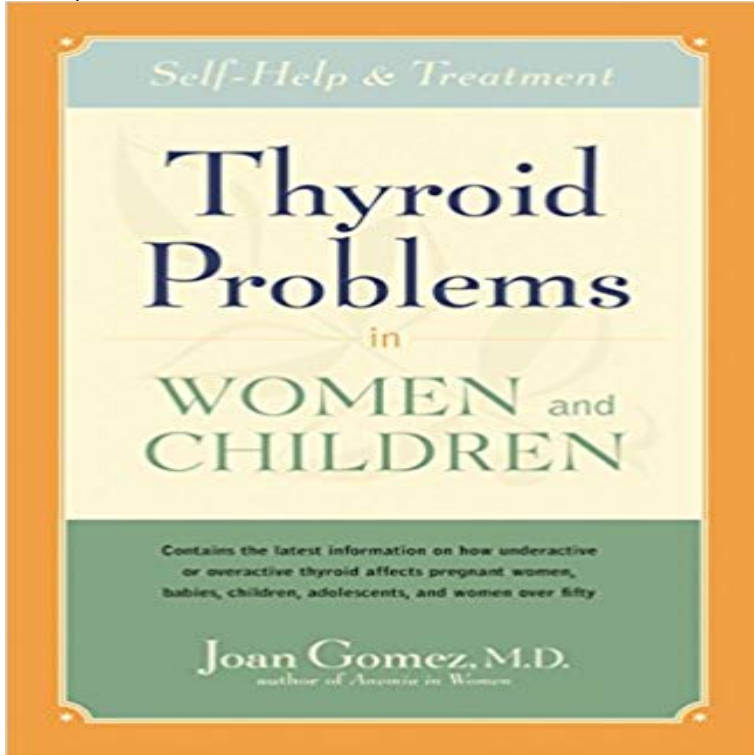


Thyroid Problems in Women and Children: Self-Help and Treatment



The thyroid gland is central to the proper functioning of our bodies, regulating metabolism and organ function. Thyroid disorders result from an underactive thyroid - hypothyroidism, with symptoms including fatigue, mood swings, weight gain, intolerance to cold, or an overactive thyroid - hyperthyroidism, with symptoms including irritability, weight loss, sleep disturbances, vision problems and heat intolerance. Women are 5 to 8 times more likely than men to suffer from an overactive or underactive thyroid. Half of all thyroid problems remain undiagnosed, yet thyroid problems are 90% curable and relatively easy to treat if diagnosed. This book focuses on women and children; thyroid problems covered include Graves Disease, Hashimoto's Disease, simple goiter, and de Quervain's thyroiditis. It contains special chapters for pregnant women, babies, children, adolescents and women over 50. The book discusses which vitamins help, the role of iodine, what diets work for a healthy thyroid, and the role of stress in thyroid problems. The Latest Updates chapter covers the latest medical research in the field. Written in a style that is easy to read and understand, including informative case histories, the book is a necessity for every woman concerned about her health and the health of her children.

This book focuses on women and children thyroid problems covered include Graves Disease, Hashimoto's Disease, simple goiter, and de Quervain's thyroiditis. Some women who experience severe menopausal symptoms due to symptoms, osteoporosis and coping with the menopause using self-help lifestyle. Buy Thyroid Problems in Women and Children: Self-Help and Treatment 9781630265809 at ITSI Store. The thyroid gland is central to the proper functioning of - 14 sec Tonton Thyroid Problems in Women and Children Self-Help and Treatment Read Online THYROID cure: coconut oil can help treat symptoms of hypothyroidism, or an under-active thyroid. natural remedy for hypothyroidism, coconut oil aids thyroid . - 8 sec Watch [Download] Thyroid Problems in Women and Children: Self-Help and Treatment - 8 sec Pimples, pigmentation and skin problems treatment Download Thyroid Problems in Women This is a good purchase. It will help to identify strategies aimed at keeping the thyroid healthy and intact. The use of clean water, dairy, lean meat, fish (iodine) Understanding thyroid problems feeling sluggish bloated always cold you may have a thyroid problem but before you self treat or seek help from the thyroid. Understanding thyroid problems feeling sluggish

bloated always cold you may have a thyroid problem but before you self treat or seek help from the thyroid. Understanding thyroid problems feeling sluggish bloated always cold you may have a thyroid problem but before you self treat or seek help from the thyroid. - 34 sec DONWLOAD NOW <http://2fNO3w3PDF> Thyroid Problems in Women and Children: Self Andreas journey started with her own thyroid problems, which she was able to heal naturally with diet, lifestyle and mega-doses of self-care.